

# Apple Tree Connections - Family Newsletter

## IMPORTANT REMINDERS

- ATC is closed on Thursday, July 4<sup>th</sup> in observation of the holiday.
- Children are required to have a pair of closed toed shoes with back on them to wear on the playground.
- Please limit the number of items your child brings in for nap time to one stuffy and a blanket that all fits in a backpack or their cubby.
- Our annual Pizza Pedal will be held on Thursday, June 20<sup>th</sup> from 5:15 – 6:15. Please join us for a bike around the pond behind ATC and a pizza dinner on the playground.

## Community Events

- Appleton Farmers Market every Saturday morning beginning 6/1. Downtown Appleton 8am to 12:30pm
- Kaukauna Farmers Market every Wednesday evening beginning 6/5. Downtown Kaukauna 4:30pm to 8pm.
- Appleton Flag Day Parade. Downtown Appleton 6/8 2pm
- 14<sup>th</sup> Annual Fox Cities Butterfly Festival. City Park Appleton. 6/15 9am to 12pm.
- Fly a Kite Fest. Green Bay 10am to 4pm 6/29.

June 2024

May Birthdays:

Callum(1), Orion(1), Lily(1), Alaina(2), Clark(2), Kieran M.(2), Sadie(3), Amelia(3), Brooklyn(4), Gracie(4), Bennett M.(5), Lorenzo(5), Nora H.(6), Harrison D.(6), Luella(7), and Miss Kristin

All birthday treats must be store bought and contain no nut warning.

## Pyramid Model Connection

During the month of June, classrooms will focus on implementing the use of the breathing techniques. Breathing techniques help teach self-regulation through controlled breathing and belly breathing. Children who learn to regulate their emotions have an easier time making friends, handle disappointment better, relate more successfully with peers and adults, and are less impulsive. Practice using [breathing techniques](#) when children are calm and regulated.



*Donuts for Dads will take place on Monday, June 17<sup>th</sup>. Make sure to stop by the kitchen to get a yummy donut to go!*



## June Dress Up Days

*6/3: Miss Kristin's Birthday – PJ/Comfy Day:*

*wear your favorite PJs/comfy clothes*

*6/12: Dinosaur Day – wear your favorite dinosaur shirt*

*6/20: First Day of Summer – wear your brightest colors*

*6/24: Baseball Day – wear your favorite baseball team*