

Apple Tree Connections

Spring/Summer Menu - Week 1

	Breakfast	Lunch	Snack
Monday	Rice Krispies Pears Milk ^	Beef Tacos * \$ ^ (WG Tortilla, Cheese) ^ Corn Mandarin Oranges Milk ^	WG Honey Graham Crackers Milk ^
Tuesday	Mini Pancakes ^ Appleslices ~ (<2 Cooked Apples) Milk ^	Pizza Pasta *\$♦^ Peas Peaches Milk ^	WG Vanilla Wafers Milk ^
Wednesday	Cinnamon Muffin ^ Bananas ~ Milk ^	Turkey and Cheese Wrap ^* Ranch dressing ^ Green Beans Pineapple Milk ^	WG Chocolate Bear Grahams Apple Slices (<2 Applesauce)
Thursday	Oatmeal Applesauce Milk ^	Hot Ham and Cheese on a WG Bun * ♦ ^ Broccoli ~ Pears Milk ^	WG Goldfish ^ Milk ^
Friday	Kix Oranges ~ (<2 Peaches) Milk ^	WG Chicken Nuggets ^ Carrots Mixed Fruit Milk ^	WG Party Mix * (Berry Kix, Cheerios, Pretzels, Goldfish) Bananas

Key: ^ Milk, Butter, Cheese # Eggs ♦ Pork \$ Beef *Can Alter (~) Fresh or Frozen

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Spring/Summer Menu - Week 2

	Breakfast	Lunch	Snack
Monday	<p>WG Cheerios</p> <p>Apples Slices ~ (<2 Applesauce)</p> <p>Milk ^</p>	<p>Vegetable Pasta Salad w/ Ham and Cheese*♦ ^</p> <p>Carrots</p> <p>Pears</p> <p>Milk ^</p>	<p>WG Vanilla Bear Grahams</p> <p>Bananas</p>
Tuesday	<p>French Toast ^ #</p> <p>Mandarin Organes (< 2 Bananas)</p> <p>Milk ^</p>	<p>Chicken Patty w/WG Bun ^</p> <p>Mashed Potatoes</p> <p>Peaches</p> <p>Milk ^</p>	<p>WG Ritz Crackers</p> <p>Cheese slice ^</p>
Wednesday	<p>Banana Muffin ^</p> <p>Pears</p> <p>Milk ^</p>	<p>Cheese Quesadilla ^ *</p> <p>Corn</p> <p>Mandarin Oranges</p> <p>Milk ^</p>	<p>WG Giant Cinnamon Goldfish Grahams</p> <p>Apple Slices~ (<2 Bananas)</p>
Thursday	<p>Bagels w/ Cream cheese ^</p> <p>Bananas</p> <p>Milk ^</p>	<p>Egg Patty / WG English Muffin w/ Cheese * # ^</p> <p>Carrots</p> <p>Pears</p> <p>Milk ^</p>	<p>Pretzels (< 2 WG Crackers)</p> <p>Oranges ~ (<2 Milk)^</p>
Friday	<p>Rice Krispies</p> <p>Apples (<2 Peaches)</p> <p>Milk ^</p>	<p>Goulash * \$ ^ (Hamburger, Noodles, Tomatoes, Marinara, Beef Broth)</p> <p>Corn</p> <p>Mixed Fruit</p> <p>Milk ^</p>	<p>Yogurt^</p> <p>WG Graham Crackers</p>

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Spring/Summer Menu - Week 3

	Breakfast	Lunch	Snack
Monday	<p>Kix</p> <p>Appleslices ~ (< 2 Applesauce)</p> <p>Milk ^</p>	<p>WG Mac and Cheese* ^</p> <p>Green Beans</p> <p>Peaches</p> <p>Milk ^</p>	<p>WG Goldfish Crackers</p> <p>Oranges~ (< 2 Milk) ^</p>
Tuesday	<p>Mini Pancakes ^</p> <p>Applesauce</p> <p>Milk ^</p>	<p>Chicken w/ WG Brown Rice* ^</p> <p>Broccoli w/ Cheese</p> <p>Pears</p> <p>Milk ^</p>	<p>WG Vanilla Wafers</p> <p>Bananas</p>
Wednesday	<p>Corn Bread Muffin ^</p> <p>Peaches</p> <p>Milk ^</p>	<p>Ham w/ WG Tortilla * ♦ ^</p> <p>Ranch Dressing</p> <p>Carrots</p> <p>Pineapple</p> <p>Milk ^</p>	<p>Sliced Cheese ^</p> <p>WG Bread Slice</p>
Thursday	<p>WG English Muffins w/ jelly</p> <p>Bananas ~</p> <p>Milk ^</p>	<p>Sloppy Joe w/ WG Bun \$</p> <p>Corn</p> <p>Mandarin Oranges</p> <p>Milk ^</p>	<p>Seasoned Oyster Crackers</p> <p>Milk ^</p>
Friday	<p>WG Cheerios</p> <p>Oranges ~ (< 2 Pears)</p> <p>Milk ^</p>	<p>Cold Turkey / WG Bun</p> <p>Cauliflower w/ Cheese*~ ^</p> <p>Mixed Fruit</p> <p>Milk ^</p>	<p>WG Trail Mix * (Cheerios, Pretzels, Goldfish)</p> <p>Apple Slices (< 2 Applesauce)</p>

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Apple Tree Connections

Spring/Summer Menu - Week 4

	Breakfast	Lunch	Snack
Monday	Rice Krispies Apple Slices (<2 Applesauce) Milk ^	Bacon Ranch Pasta*# ^◆ Carrots Pineapple Milk ^	WG Scooby Snacks Milk^
Tuesday	Waffles ^ Bananas ~ Milk ^	Chicken Taco ^ WG Tortilla & Cheese Corn Peaches Milk ^	WG Honey Graham Crackers Apple Slices (<2 Applesauce)
Wednesday	Pumpkin Muffin ^ Peaches Milk ^	Pizza Dippers^ w/ Marinara Sauce Green Beans Mandarin Oranges Milk ^	WG Pretzels Milk^
Thursday	Bagels w/ Cream Cheese ^ Bananas ~ Milk ^	Hamburger w/ WG Bun \$ Baked Beans ◆ Pears Milk ^	Cheese Slices ^ Saltine Crackers
Friday	Kix Apple Slices ~ (<2 Applesauce) Milk ^	Chicken Alfredo ^ Broccoli ~ Mixed Fruit Milk ^	WG Vanilla Bear Graham Oranges (<2 Milk)^

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