

Apple Tree Connections

Spring/Summer Menu - Week 1

	Breakfast	Lunch	Snack
Monday	Rice Krispies Pears Milk ^	Beef Tacos * \$ ^ (WG Tortilla, Cheese) ^ Corn Mandarin Oranges Milk ^	WG Honey Graham Crackers Milk
Tuesday	Mini Pancakes ^ Appleslices ~ (<2 Cooked Apples) Milk ^	Pizza Pasta *\$♦^ Peas Peaches Milk ^	WG Vanilla Wafers Milk ^
Wednesday	Cinnamon Muffin ^ Bananas ~ Milk ^	Turkey and Cheese Wrap ^* Ranch dressing ^ Baked Beans♦ Pineapple Milk ^	WG Chocolate Bear Grahams Milk ^
Thursday	Oatmeal Applesauce Milk ^	Hot Ham and Cheese on a WG Bun * ♦ ^ Broccoli ~ Pears Milk ^	WG Goldfish ^ Bananas ~
Friday	Kix Oranges ~ (<2 Peaches) Milk ^	WG Chicken Nuggets ^ with WG Bread Slice Carrots Pineapple Milk ^	WG Party Mix * (Berry Kix, Cheerios, Pretzels, Goldfish) Appleslices ~ (< 2 Bananas)

Key: ^ Milk, Butter, Cheese # Eggs ♦ Pork \$ Beef *Can Alter (~) Fresh or Frozen

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Spring/Summer Menu - Week 2

	Breakfast	Lunch	Snack
Monday	<p>WG Cheerios</p> <p>Apples ~ (<2 Cooked Apples)</p> <p>Milk ^</p>	<p>Vegetable Pasta Salad w/ Ham and Cheese*♦ ^</p> <p>Carrots</p> <p>Pears</p> <p>Milk ^</p>	<p>WG Vanilla Bear Grahams</p> <p>Milk</p>
Tuesday	<p>French Toast ^ #</p> <p>Oranges ~ (< 2 Bananas)</p> <p>Milk ^</p>	<p>WG Chicken Patty /WG Bun ^</p> <p>Mashed Potatoes ^</p> <p>Pineapple</p> <p>Milk ^</p>	<p>WG Crackers</p> <p>Cheese slice ^</p>
Wednesday	<p>Banana Muffin ^</p> <p>Pears</p> <p>Milk ^</p>	<p>Cheese Quesadilla ^ *</p> <p>Corn & WG Cilantro Lime Rice</p> <p>Peaches</p> <p>Milk ^</p>	<p>WG Giant Cinnamon Goldfish Grahams</p> <p>Appleslices~ (<2 Bananas)</p>
Thursday	<p>Bagels w/ Cream cheese ^</p> <p>Oranges ~ (< 2 Peaches)</p> <p>Milk ^</p>	<p>Egg Patty / WG English Muffin w/ Cheese * # ^</p> <p>Green Beans</p> <p>Pears</p> <p>Milk ^</p>	<p>Yogurt ^</p> <p>Bananas ~</p>
Friday	<p>Rice Krispies</p> <p>Peaches</p> <p>Milk ^</p>	<p>Goulash * \$ ^ (Hamburger, Noodles, Tomatoes, Marinara, Beef Broth, Cheese)</p> <p>Corn</p> <p>Pineapple</p> <p>Milk ^</p>	<p>Pretzels (< 2 WG Crackers)</p> <p>Milk ^</p>

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Spring/Summer Menu - Week 3

	Breakfast	Lunch	Snack
Monday	Kix Peaches Milk ^	WG Mac and Cheese* ^ Green Beans Pineapple Milk ^	WG Goldfish Crackers Oranges~ ($<$ 2 Milk)
Tuesday	Mini Pancakes ^ Applesauce Milk ^	Chicken w/ WG Brown Rice * ^ Broccoli w/ Cheese*~ ^ Pears Milk ^	Sliced Cheese ^ WG Bread
Wednesday	Corn Bread Muffin ^ Appleslices ~ ($<$ 2 Applesauce) Milk ^	Ham w/ WG Tortilla * ♦ ^ Ranch Dressing Carrots Pineapple Milk ^	WG Chocolate Bear Grahams Milk ^
Thursday	WG English Muffins w/ jelly Bananas ~ Milk ^	Sloppy Joe w/ WG Bun \$ Baked Beans ♦* Mandarin Oranges Milk ^	WG Trail Mix * (Berry Kix, Cheerios, Pretzels, Goldfish) Milk ^
Friday	WG Cheerios Oranges ~ ($<$ 2 Pears) Milk ^	Cold Turkey / WG Bun Cauliflower w/ Cheese*~ ^ Peaches Milk ^	Seasoned Oyster Crackers Milk ^

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Spring/Summer Menu - Week 4

	Breakfast	Lunch	Snack
Monday	Rice Krispies Applesauce Milk ^	Bacon Ranch Pasta*# ^◆ Carrots Pineapple Milk ^	WG Scooby Snacks Milk^
Tuesday	Waffles ^ Bananas ~ Milk ^	Chicken Taco # ^ (WG Tortilla and Cheese) Corn Peaches Milk ^	WG Honey Graham Crackers Milk ^
Wednesday	Pumpkin Muffin ^ Apple Slices ~ (<2 Peaches) Milk ^	Pizza Dippers^ w/ Marinara Sauce Green Beans Pineapple Milk ^	WG Pretzels Oranges~ (< 2 Milk)
Thursday	Bagels w/ Cream Cheese ^ Bananas ~ Milk ^	Hamburger w/ WG Bun \$ Baked Beans ◆ Pears Milk ^	Cheese Slices ^ WG Crackers
Friday	Kix Apple Slices ~ (<2 Applesauce) Milk ^	Chicken Alfredo ^ Broccoli ~ Peaches Milk ^	WG Vanilla Bear Graham Milk ^

Key: ^ Milk, Butter, Cheese # Eggs ◆ Pork \$ Beef *Can Alter (~) Fresh or Frozen