

Apple Tree Connections

Spring/Summer Menu - Week 1

	Breakfast	Lunch	Snack
Monday	Rice Krispies Pears Milk ^	Cheesy Beef and WG Rice Bake\$^ Broccoli ~ Pineapple Milk ^	WG Goldfish ^ Bananas ~
Tuesday	Mini Pancakes ^ Appleslices ~ (<2 Applesauce) Milk ^	Pizza Pasta with Salami*\$♦^ Peas Mandarin Oranges Milk ^	WG Vanilla Wafers Milk ^
Wednesday	Cinnamon Muffin ^ Pineapple Milk ^	Beef Tacos * \$ ^(WG Tortilla, Cheese) ^ Corn Peaches Milk ^	WG Chocolate Bear Grahams Milk ^
Thursday	WG Breakfast Bar^ Bananas Milk ^	Cold Turkey / WG Sub Bun Cauliflower w/ Cheese*~ ^ Pears Milk ^	WG Honey Graham Crakers Oranges~ (<2 Mixed Fruit)
Friday	Kix Peaches Milk ^	WG Chicken Nuggets Carrots Pineapple Milk ^	WG Trail Mix * (Cheerios, Pretzels, Goldfish) Appleslices ~ (< 2 Milk)

Key: ^ Milk, Butter, Cheese # Eggs ♦ Pork \$ Beef *Can Alter (~) Fresh or Frozen

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Spring/Summer Menu - Week 2

	Breakfast	Lunch	Snack
Monday	WG Cheerios Peaches Milk ^	Goulash * \$ ^ (Hamburger, Noodles, Tomatoes, Marinara, Beef Broth, Cheese) Corn Pineapple Milk ^	WG Vanilla Bear Grahams Bananas~
Tuesday	French Toast ^ # Mandarin Oranges Milk ^	Vegetable Pasta Salad w/ Ham and Cheese*♦ ^ Carrots Pears Milk ^	WG Ritz Crackers Cheese slice ^
Wednesday	Banana Muffin ^ Bananas~ Milk ^	Chicken Patty w/ WG Bun ^ Peas Peaches Milk ^	WG Giant Cinnamon Goldfish Grahams Milk ^
Thursday	Oatmeal Applesauce Milk ^	Cold Ham / WG Sub Bun Broccoli w/Cheese Sauce*~ ^ Pineapple Milk ^	Pretzels (< 2 WG Crackers) Oranges ~ (<2 Milk)
Friday	Rice Krispies Peaches Milk ^	Chicken and Cheese Quesadilla ^ * Corn Mandarin Oranges Milk ^	Yogurt^ Appleslices ~ (<2 Mixed Fruit)

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Spring/Summer Menu - Week 3

	Breakfast	Lunch	Snack
Monday	Kix Peaches Milk ^	WG Mac and Cheese* ^ Green Beans Pineapple Milk ^	WG Goldfish Crackers Bananas~
Tuesday	Mini Pancakes ^ Applesauce Milk ^	Pizza Pasta with Italian Sausage*\$♦^ Peas Pears Milk ^	Sliced Cheese ^ WG Saltines Crackers
Wednesday	Corn Bread Muffin ^ Bananas~ Milk ^	Sloppy Joe w/ WG Bun \$ Baked Beans ♦* Mandarin Oranges Milk ^	WG Chocolate Bear Grahams Milk ^
Thursday	WG English Muffins w/ jelly Pineapple Milk ^	Turkey and Cheese Wrap ^* w/Ranch dressing ^ Baked Beans♦ Pears Milk ^	WG Trail Mix * (Cheerios, Pretzels, Goldfish) Oranges~ (<2 Mixed Fruit)
Friday	WG Cheerios Peaches Milk ^	Chicken w/ WG Brown Rice* ^ Broccoli Mandarin Oranges Milk ^	Seasoned Oyster Crackers Appleslices ~ (<2 Milk)

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Spring/Summer Menu - Week 4

	Breakfast	Lunch	Snack
Monday	Rice Krispies Applesauce Milk ^	Hamburger w/ WG Bun \$ Baked Beans ♦ Peaches Milk ^	WG Scooby Snacks Milk^
Tuesday	Waffles ^ Bananas ~ Milk ^	Bacon Ranch Pasta*# ^♦ Carrots Pears Milk ^	Cheese Slices ^ WG Ritz Crakers
Wednesday	Pumpkin Muffin ^ Peaches Milk ^	Chicken Taco ^ WG Tortilla & Cheese Corn Pineapple Milk ^	WG Honey Graham Crackers Milk ^
Thursday	Bagels w/ Cream Cheese ^ Bananas ~ Milk ^	Ham and Cheese Wrap*♦^ w/Ranch Dressing Peas Mandarin Oranges Milk ^	WG Pretzels Oranges~ (< 2 Mixed Fruit)
Friday	Kix Pears Milk ^	Chicken Alfredo ^ Broccoli ~ Peaches Milk ^	WG Vanilla Bear Graham Appleclices (<2 Milk ^)

Key: ^ Milk, Butter, Cheese # Eggs ♦ Pork \$ Beef *Can Alter (~) Fresh or Frozen